

A TALE OF TWO FAMILIES

MEL AND JANE EACH HAVE A BABY. EACH PRESENTS AS HEALTHY AND COPING WELL, BUT HAVE BEEN IMPACTED BY DIFFERENT RISK FACTORS, WHICH CAN LEAD TO POOR OUTCOMES.



MEL WAS **OFFERED** THE HBHC SCREEN POSTPARTUM.

The Public Health Nurse contacted Mel after receiving the screen. She offered Mel the **Healthy Babies Healthy Children (HBHC) Home Visiting Program**.

HBHC INTERVENTION



Mel learns about healthy attachment



Mel receives a referral for mental health support



Mel is connected to community resources & supports

OUTCOMES...



Mel becomes a responsive parent



Mel learns new coping strategies



Mel's child enjoys good physical and mental health



JANE WAS **NOT OFFERED** THE HBHC SCREEN POSTPARTUM.

Risk factors were not identified. Without support, Jane is less able to cope with day to day life or develop the responsive relationship needed for optimal child development.

NO INTERVENTION



Jane doesn't understand her baby's cues



Jane doesn't receive a referral for mental health



Jane struggles to respond to her baby's needs

OUTCOMES...



Jane's baby has poor attachment



Jane's child struggles with emotions and behaviour



Jane's child grows up with physical and mental health issues

Did you Know?...

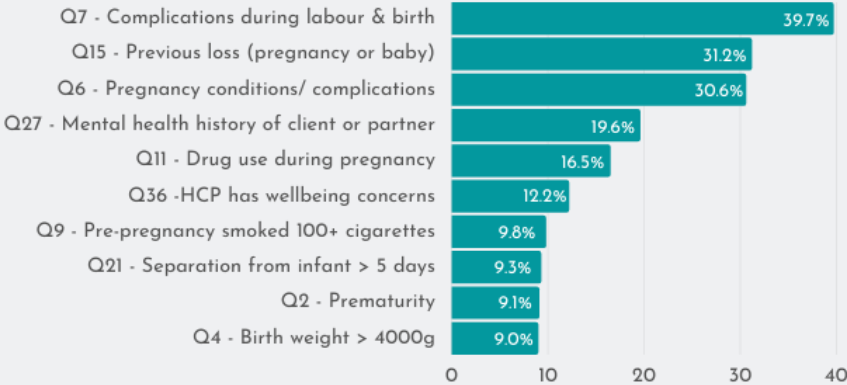
✓ HBHC is a program designed to help children in Ontario have a healthy start in life and provide them with opportunities to reach their potential.

✓ Through HBHC screening*:

- ◆ 60% of Ontario families have potential risk factors that can impact healthy development outcomes for children
- ◆ 15% have greater than 5 risk factors

*extracted from BORN Information System 2021/22 data
n=54,146

TOP 10 eHBHC RISK FACTORS 2021/22* extracted from BORN Information System



PLEASE COMPLETE THE HEALTHY BABIES HEALTHY CHILDREN SCREENING TOOL WITH EVERY FAMILY



THANK YOU SIMCOE MUSKOKA DISTRICT HEALTH UNIT FOR YOUR PARTNERSHIP IN THE CREATION OF THIS DOCUMENT.